

SINCE 1896



PREMIUM

READY-CUT®

TOMATOES

Diced with
Onion & Green Bell Pepper



NET WT
14.5 OZ
(411g)



PLEASE RECYCLE

Nutrition Facts

Serving Size 1/2 cup (126g)
Servings Per Container about 3 1/2

Amount/Serving

Calories 40 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 480mg 20%

Total Carbohydrate 9g 3%

Dietary Fiber 2g 8%

Sugars 7g

Protein 1g

Vitamin A 10% • Vitamin C 15%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: TOMATOES, TOMATO JUICE, HIGH FRUCTOSE CORN SYRUP, SALT, DRIED ONIONS, DRIED GREEN PEPPERS, CALCIUM CHLORIDE, CITRIC ACID, SPICE.

Romano Skillet Pasta

Prep time: 10 minutes

Cook: 25 minutes

Servings: 4

3/4 lb. mild or hot Italian sausage, crumbled

cup chopped onion

2 cloves garlic, minced

1 cup sliced zucchini

2 cans (14.5 oz. each) S&W®

Ready-Cut® Diced Tomatoes with Onion & Green Bell Pepper

8 oz. uncooked large seashell pasta

1-1/4 cups water

1/4 cup grated Romano or Parmesan cheese

1. Cook sausage in large skillet; drain. Add onion, garlic and zucchini; cook until tender.
2. Stir in undrained tomatoes, pasta and water. Cover; bring to boil. Reduce heat and simmer, covered, 15 to 20 minutes or until pasta is tender. Stir occasionally.
3. Serve with cheese and garnish with chopped fresh basil or parsley, if desired.



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QUESTIONS OR COMMENTS?
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(MON.-FRI.).

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REFRIGERATE ANY UNUSED PORTION IN A SEPARATE, COVERED CONTAINER.

*NET CARBS PER SERVING = TOTAL CARBS MINUS FIBER



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